

# Risk Assessment Lessons

Assessment Date: 20/09/2025  Review date: 20/09/2026	Undertaken by: Original Assessment by Lisa Spence 16/11/18, 16/11/18 Beth Tamburrini, 11/12/19, 18/8/20 18/10/21: 16/9/22 Sydney Hockney 30/09/24 20/09/25	
Activity: Risk assessment for Lessons at Hemps Green	Site: Hemps Green Equestrian, Hush Wing Farm, Mount Bures Road, Wakes Colne, Colchester, Essex CO6 2AP	
People at Risk: Riders, Staff, Clients	Additional Information: Please see Risk Assessment already completed for employees' activities apply.	

## Risk Evaluation

Hazard	Risk	Existing Control Measures	Additional Action Required (action by whom, by when)
Riding horses in the lesson environment including riding/jumping  See Hemps Green risk assessment for individual and specific hazards	RISK OF: <ul style="list-style-type: none"> <li>Injuries</li> <li>Falls</li> <li>As per risk assessment</li> </ul> RISK TO: <ul style="list-style-type: none"> <li>Staff</li> <li>Clients</li> <li>Other people in the arena or field</li> </ul>	<b>Existing controls as per main risk assessment. With extra attention as follows:</b> <ul style="list-style-type: none"> <li>Riders must wait in the designated areas for a member of staff.</li> <li>They must not attempt to mount a horse on their own.</li> <li>Riders must wear suitable clothing and safety equipment i.e riding hat meeting the current Riding Hat Standard, suitable footwear, suitable clothing. A body protector is optional unless the client is participating in XC then a body protector MUST be worn.</li> <li>Clients are to complete a Rider Registration form online prior to their initial lesson, all medical history must be declared inc medical condition, illness, medications. If this has changed since your last lesson, then a member of staff must be notified or the rider registration updated online. Please be aware that coaches may need the implications of your health conditions explained so they can tailor the lessons accordingly.</li> <li>Lessons are tailored to clients ability and needs, if at any time a client feels unsafe or worried, a member of staff should be alerted.</li> <li>Instructions from the coach must be followed at all times, they will always have your safety at the forefront of any instruction</li> </ul>	

Signature:.....Name:.....Job Title:.....Date:.....	Review Date:.....
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